Therapy and Counseling Resources

Penn Comprehensive Depression Center
Address: 3535 Market St 4th floor,
Philadelphia, PA 19104
Phone: (215) 662-7366

Drexel University Individual, Couple and Family Therapy Center
Description: Provides outpatient therapy services to adults, children, couples, and families. Services are offered on a sliding scale. Evening hours are available. Couple & Family Therapists are trained to work with clients' relationships and supportive networks. They address a wide range of issues such as anxiety, blended family issues, trauma, loss, communication, identity development, sexual concerns, and relationship stress.
Location(s): 3020 Market Street, Suite 510, Philadelphia, PA, 19104
https://drexel.edu/cnhp/practices/Individual-Couple-and-Family-Therapy-Services/
Contact: 215.571.3409

La Salle Community Center for Counseling and Psychological Services
Description: Provides outpatient psychological services to adults, children, and couples. Services are offered on a sliding scale. Comprehensive assessment batteries are also available (including administration, interpretation, full written report, and feedback) for a fee of $350. Evening and Saturday hours are available. Bilingual services are not available at this time.
Location(s): Germantown Hospital
Contact: (215) 951-1006

Temple Psychological Services Center
Description: Provides outpatient psychological services to adults, children, and couples. The Psychological Services Center (PSC) is a nonprofit community mental health center. Our center provides counseling and psychological services for mental health and relationship issues, as well as comprehensive psychological assessments. Services are offered on a sliding scale.
Location(s): 1509 Cecil B. Moore Avenue Philadelphia, PA 19121
https://sites.temple.edu/psc
Contact: 215-204-7100

Drexel Psychological Services Center
Description: Provides outpatient psychological services to Philadelphia and surrounding areas at affordable rates. Services are offered on a sliding scale. Comprehensive assessment batteries are also available (including administration, interpretation, full written report, and feedback) for a fee of $350. Evening and Saturday hours are available. Bilingual services are not available at this time.
Location(s): Stratton Hall, 2nd Floor
3201 Chestnut Street Philadelphia, PA 19104
https://drexel.edu/coas/academics/departments-centers/psychology/clinic/
Contact: 215.553.7128

Temple University Child & Adolescent Anxiety Disorders Clinic (CAADC)
Description: Provides services for children ages 7-17 in the Philadelphia area whose main problem is excessive anxiety that interferes with academic or social activity. Many of the services are currently provided at no cost, and other services are offered on a sliding scale.

Location(s): Temple University Child & Adolescent Anxiety Disorders Clinic
Weiss Hall, Ground Level (Basement from Main Entrance)
13 St. & Cecil B. Moore Ave.
Contact: (215) 204-7165

If you are a Community Behavioral Health Member, you can go through this system.
Philadelphia Community Behavioral Health
CBH Member Services 888-545-2600
https://cbhphilly.org/cbh-providers/provider-directory/

Private Black and African American Therapist Referral List
(*These are just a sample of local therapists; a good resource to check for other providers is also PsychologyToday.com*)

The Ladipo Group
255 S. 17th Street
Philadelphia, PA 19103
Or
3900 Ford Rd.
Philadelphia, PA 19131
267-908-6363 ext 1
https://theladipogroup.com/

Dr. Monica Campbell
Monica T. Campbell Ph.D. and Associates
1518 Walnut Street
Philadelphia, Pennsylvania 19102
(215) 987-4048

April Lancet, LMFT
225 North Presidential Boulevard Suite 103
Bala Cynwyd, PA 19004
Phone 484-430-1811
April.LancitTherapist@gmail.com
https://alatherapy.com/

Gayle V Logan
Self-Images Mental Health Care
Philadelphia, PA 19131
(484) 209-2678
Gayle Logan, Licensed Professional Counselor, Philadelphia, PA, 19131 | Psychology Today
Dr. Erica Wilkins  
111 Presidential Blvd  
East Lobby, Suite 237  
Bala Cynwyd, Pennsylvania 19004  
(267) 433-4252  

Dr. Argie Allen  
5398 Wynnefield Ave, Philadelphia, PA 19131  
E-mail: Drargie@connectionsmatterllc.com  
Phone: 215-789-6999  
Web address: http://www.connectionsmatterllc.com/

Private Black and African American Psychiatry Referral List

Dr. Samuel P. Wyche  
8200 Flourtown Avenue  
Suite 1B  
Wyndmoor, PA 19038  
(215) 346-7443  
Dr. Samuel Wyche, DO, Psychiatrist, Wyndmoor, PA, 19038 | Psychology Today

Apraku Psychiatry  
Apraku Psychiatry, Psychiatrist, Pittsburgh, PA, 15232 | Psychology Today

Cecelia Johnson-Dunlap  
349 Lancaster Avenue  
200  
Haverford, PA 19041  
(484) 310-7139  
Dr. Cecelia Johnson-Dunlap, DO, Psychiatrist, Haverford, PA, 19041 | Psychology Today

Vincenzo R Sanguineti  
1015 Chestnut Street  
Suite 825  
Philadelphia, PA 19107  
(215) 995-0209  
Dr. Vincenzo Sanguineti, MD, Psychiatrist, Philadelphia, PA, 19107 | Psychology Today