



# Welcome to Central High School Nurses' Office!

## What forms does your child need to attend Central High School?

Required documentation is due no later than September 4, 2020.

- S865 - Student Emergency/Medical Information form
- MEH 1 – Report of Physical Examination
- Immunizations
- MED 1 – Request for Administration of Medication
  - Only necessary for conditions that require medications to be taken in school (this includes diabetes medication and supplies, asthma inhalers, and EPI-pens. Students may self-carry these medications and may also keep a supply in the nurses' office).

## What else do you need to know about the nurses' office?

- Students must have a hall pass signed by their teacher to see the school nurse.
- If a student visits the nurse, they may potentially need to be dismissed from school.
  - Students will **NOT** be permitted to leave on their own, they must be signed out by an adult designated on an Emergency Contact form. Please be sure to list any and all adults that might be available to pick up your child during the school day.
- Students who become ill or injured at home should seek care from their primary care provider.
  - Fever greater than 100°F should stay home until they are fever free for 24 hours without using fever reducing medications
  - Students who need to use the elevator must submit medical documentation to the nurses' office.

The only over the counter medications in the nurses' office are acetaminophen, ibuprofen and hydrocortisone cream. All others require an MED1. Nurses are prohibited from keeping any other medications including allergy, cold, and stomach medicines. See attached medication policy.

The nurses are here to keep your child as healthy as they can be! However, there are occasions when illness or injury occur in school. In order to accomplish all of our goals, the school nurses will adhere to the following schedule:

**Homeroom:** Issuance of elevator passes for students who arrive at school with a recent orthopedic injury and acceptance of medical documentation.

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**9:00-11am:** Health Screenings, student health management, and documentation.

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**11am-12pm:** Nursing care of students who become ill or sustain minor injuries **during school hours.**

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**12pm-1pm:** Lunch and Documentation

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**1pm-2pm :** Nursing care of students who become ill or sustain minor injuries **during school hours.**

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**2pm-3:04pm:** Student health management and documentation.

**Emergencies will be seen at any time.**

(ex: TROUBLE BREATHING, CHEST PAIN, VOMITING, BLEEDING, SERIOUS INJURY)

Questions? Please contact us!

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# THE SCHOOL DISTRICT OF PHILADELPHIA

## Student Emergency /Medical Information

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
 School: \_\_\_\_\_ Room/Sec: \_\_\_\_\_ Grade: \_\_\_\_\_  
 \_\_\_\_\_

Home Address: \_\_\_\_\_ Home phone: \_\_\_\_\_  
 Mother: \_\_\_\_\_ email: \_\_\_\_\_ phone: \_\_\_\_\_  
 Father: \_\_\_\_\_ email: \_\_\_\_\_ phone: \_\_\_\_\_  
 Guardian: \_\_\_\_\_ email: \_\_\_\_\_ phone: \_\_\_\_\_  
**Emergency contacts (other than parents) must be local and available for contact:**  

Name and Relationship to child	Phone
1. _____	_____
2. _____	_____

Childs Doctor/Clinic: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Medical Insurance: MA \_\_\_ CHIP \_\_\_ Private \_\_\_  
 Insurance company name: \_\_\_\_\_ Policy Number \_\_\_\_\_

<p>Please circle below to give permission to the school nurse to give your child medication.</p> <table border="1" style="width: 100%; text-align: center;"> <tr> <td style="width: 60%;">Acetaminophen(Tylenol)</td> <td style="width: 10%;">Yes</td> <td style="width: 10%;">No</td> </tr> <tr> <td>Ibuprofen (Motrin)</td> <td>Yes</td> <td>No</td> </tr> </table>	Acetaminophen(Tylenol)	Yes	No	Ibuprofen (Motrin)	Yes	No	<p>Please <b>CIRCLE</b> the following if your child:</p> <p>Wears: Glasses      Hearing aid                  Has: Seizures    Diabetes    Asthma    ADHD  <b>List Allergies:</b> Food substitution requires a new order yearly from a health care provider: _____                  _____  <b>Other Health Problems:</b> _____                  _____                  _____</p>
Acetaminophen(Tylenol)	Yes	No					
Ibuprofen (Motrin)	Yes	No					

Does your child take medication? \_\_\_NO \_\_\_YES (please list)

Medication	Dose	Frequency/Time	Reason

Your signature gives permission for emergency treatment; as well as for SDP School Nurses to administer medications you indicate on this emergency form, during school hours, on field trips and after school activities. I authorize the school nurse to communicate with my child's health care provider and my health care provider to reply as needed regarding my child's care.

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**Doctor complete.** May attach electronic form.

THE SCHOOL DISTRICT OF PHILADELPHIA  
SCHOOL HEALTH SERVICES  
REPORT OF PHYSICAL EXAMINATION

Name of Student	Date of Birth	Student ID #	Grade
Name of School	Room/Section/Book	Date Issued	

**TO THE PARENT/GUARDIAN:**

*I authorize the school nurse to communicate with my child's health care provider and my health care provider to reply as needed regarding my child's care.*

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**RECORD OF VACCINE ADMINISTRATION**

*Please attach complete immunization record including serology results if available.*

■ Allergies \_\_\_\_\_ ■ Date of last PPD \_\_\_\_\_ Result \_\_\_\_\_ mm

Does this student have health insurance? \_\_\_\_ Yes \_\_\_\_ No Name of Insurance Provider: \_\_\_\_\_

**RECORD THE FOLLOWING**

1.	Visual Acuity: Without Glasses: R _____ L _____ With Glasses: R _____ L _____												
2.	Audiometric Screening: R _____ L _____												
3.	BP _____												
4.	Height _____ inches / cm Weight _____ lb. / kg BMI percentile _____												
5.	Scoliosis Screening: _____ Normal _____ Abnormal _____ Referred _____ No Referral												
6.	Activity Recommendation: _____ Full Physical Activity _____ Restricted Physical Activity (Must Complete Phys. Ed. Medical Exemption/Program Modification Form MEH-23) Specify Restrictions: _____												
7.	List all medications currently being taken:  Medication: _____ Reason: _____												
8.	List ALL problems by history or examination: _____ Circle status of problem <table border="0"> <tr> <td>1. _____</td> <td>Under Care</td> <td>Care Complete</td> <td>Referred</td> </tr> <tr> <td>2. _____</td> <td>Under Care</td> <td>Care Complete</td> <td>Referred</td> </tr> <tr> <td>3. _____</td> <td>Under Care</td> <td>Care Complete</td> <td>Referred</td> </tr> </table> _____ No Problems Identified	1. _____	Under Care	Care Complete	Referred	2. _____	Under Care	Care Complete	Referred	3. _____	Under Care	Care Complete	Referred
1. _____	Under Care	Care Complete	Referred										
2. _____	Under Care	Care Complete	Referred										
3. _____	Under Care	Care Complete	Referred										

Comments / follow-up treatment plan / Special instructions to school:

Signature of Care Provider (REQUIRED)	Telephone Fax	Care Provider office stamp (REQUIRED)
Address	Date of Exam	



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Date Signed

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Parent or Guardian Signature

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Home Phone



Doctor complete. Parent sign.

Only required for students who need prescription medication while in school.

THE SCHOOL DISTRICT OF PHILADELPHIA  
SCHOOL HEALTH SERVICES

**REQUEST FOR ADMINISTRATION OF MEDICATION, TREATMENTS OR USE OF EQUIPMENT IN SCHOOL**

(PLEASE SEE MESSAGE TO PHYSICIAN AND PARENT ON BACK OF FORM)  
**PHYSICIAN, PLEASE NOTE:** Fill in all of the spaces. Missing information will cause the form to be returned to you. This will cause a delay in your patient receiving medication / treatment. A separate request is needed for each medication.

NAME OF PATIENT'S STUDENT	ADDRESS/ZIP	ROOM/BOOK NO.
DATE OF BIRTH	SCHOOL/ORG#	REGIONAL OFFICE
DIAGNOSIS:	PID	

REASON MEDICATION MUST BE GIVEN IN SCHOOL:

NAME OF MEDICATION/EQUIPMENT/TREATMENT:	DOSE:
TIME(S) TO BE GIVEN IN SCHOOL:	TOTAL DOSAGE PER 24 HRS:
DATE BEGIN:	DATE END:

INSTRUCTION FOR ADMINISTRATION/UTILIZATION:

CONTRAINDICATIONS:

SIDE EFFECTS:

TREATMENT OF SIDE EFFECTS/ACTION TO BE TAKEN:

IS ANY RESTRICTION ON ACTIVITY NECESSARY: YES  NO

IF YES, DESCRIBE: \_\_\_\_\_

IS STUDENT TAKING ANY OTHER MEDICATION? YES  NO

IF YES, NAME OF MEDICATIONS: \_\_\_\_\_

IS SIMILAR EQUIPMENT KEPT BY THE CHILD'S FAMILY AT HOME? YES  NO

PRINT NAME OF HEALTH CARE PROVIDER/CREDENTIALS	TELEPHONE
ADDRESS	EMERGENCY NUMBER
SIGNATURE OF HEALTH CARE PROVIDER	DATE SIGNED

To The Principal

- I authorize the certified school nurse to administer the indicated medication, or to use the equipment or machinery as prescribed by my child's health care provider, whose signature appears on this form.
- My child may self-administer medication/equipment as determined appropriate by the school nurse.
- I authorize the school nurse to communicate with my child's health care provider and my health care provider to reply, as needed, regarding this medication/ equipment and/or my child's response.

PARENT SIGNATURE \_\_\_\_\_ TELEPHONE NUMBER \_\_\_\_\_

DATE SIGNED \_\_\_\_\_ EMERGENCY NUMBER \_\_\_\_\_

**IN ACCORDANCE WITH CURRENT SCHOOL DISTRICT PROCEDURE**

- I have assessed this student and he/she has demonstrated competency and may self administer this medication/treatment ( ) yes ( ) no
- The administration of this medication/treatment was approved on: \_\_\_\_\_ DATE

SIGNATURE OF SCHOOL NURSE \_\_\_\_\_

TELEPHONE NUMBER OF SCHOOL NURSE \_\_\_\_\_

**TO THE PHYSICIAN:**

Your patient has requested that medication be administered in school. Ideally, the administration of medication should take place at home. However, for students who require medication during the school day in order to function in the classroom, School District Policy does permit licensed school staff to administer medication. In some cases, students may self-administer their medication.

**IF YOUR PATIENT'S MEDICATION CANNOT BE ALTERED SO THAT ALL ARE RECEIVED AT HOME, PLEASE COMPLETE THE REQUEST ON THE REVERSE SIDE. A SEPARATE REQUEST IS REQUIRED FOR EACH MEDICATION OR TREATMENT.**

Please fill in all of the spaces. Missing information will cause the form to be returned to you. This will cause a delay in your patient receiving medication/treatment.

Thank you.

School Health Services

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**DEAR PARENT/GUARDIAN:**

Some children need the administration of medication in order to function in the classroom. Ideally, this should take place at home. If your child's medication schedule cannot be altered and administered at home, you can request the medication to be given in school by seeing the school nurse.

Once the School Nurse has approved the request, you will be required to bring the medication to school properly labeled and packaged by a Registered Pharmacist. The medication bottle must have Saf-T-Closure Cap and the label must include:

- Patient Name
- Pharmacy Name
- Pharmacy Address and Phone#
- Prescription Number
- Prescription Date (current)
- Name of medication, dosage form, expiration date (if relevant)
- Instructions for administration
- Name of prescribing health care provider

**This procedure must be repeated each school year and/or each time there is a change in dosage.**

**Parents/guardians must pick up unused or expired medication in person, or send an authorized responsible adult with a note from you. Unused medication which is not picked up within 10 days, or by the last day of school, will be destroyed/discarded.**

If you have any questions on this procedure, please contact the school nurse.

Thank you.



THE SCHOOL DISTRICT OF PHILADELPHIA  
CENTRAL HIGH SCHOOL

1700 WEST OLNEY AVENUE  
PHILADELPHIA, PENNSYLVANIA 19141

TELEPHONE (215) 490-3590  
FAX (215) 490-3591

### **Policies for Students Receiving Medication in School**

- **All children receiving prescribed medication in school *must* have a completed MED-1 form (Request for Administration of Medication) on file for the current school year.** This includes children who need to have inhalers in school to be used as needed for asthma as well as EpiPens for allergies.
- **Prescribed medication *must* be in the proper packaging.** The package must clearly display the student's name, the name of the medication, instructions for administration, and the date the prescription was filled. **Medications delivered in inappropriate bottles or packaging will not be accepted.**
- **The person delivering the prescribed medication to school must sign the MED-4 (Medication / Equipment received in School) Log** located in the Nurses office
- Prescribed medications will be administered by the School Nurse as directed. In the event that the nurse is not present, a nurse from another school may be administering the medication. In some cases, the parent may be asked to administer the prescribed medication if a nurse is unavailable or if a current MED-1 form is not on file for the current school year.
- Children who have medical conditions that require that they carry their own prescribed medication will be individually assessed to determine their eligibility to do so.
- **Please try to refrain from sending over-the-counter medications (such as cough medicine, pain relievers, vitamins, etc...) to school with your child unless absolutely necessary.**
- Acetaminophen(Tylenol) or Ibuprofen (Advil, Motrin) can be given by the School Nurse only if a completed S-865 (Student Emergency / Medical Information) form has been signed by a parent/guardian and submitted to the Nurses' office. These medications will not be given after 2:00pm.

If you have any questions or concerns, please contact the Nurses' office at 215-400-3590 extension 2. Thank you very much and have a nice day!